

三位数整百十加减•多品强化训练



$560 + 500 =$

$650 - 240 =$

$430 - 170 =$

$430 - 300 =$

$340 - 230 =$

$600 - 310 =$

$580 + 530 =$

$890 + 900 =$

$410 - 150 =$

$150 + 260 =$

$910 - 300 =$

$540 + 690 =$

$980 - 480 =$

$610 - 140 =$

$900 + 810 =$

$760 - 450 =$

$670 - 170 =$

$440 - 320 =$

$880 - 560 =$

$420 - 170 =$

$660 - 120 =$

$510 - 230 =$

$580 - 160 =$

$480 - 320 =$

$790 - 420 =$

$700 + 450 =$

$440 - 320 =$

$440 + 960 =$

$350 + 550 =$

$480 + 740 =$

$500 - 320 =$

$930 - 550 =$

$980 + 270 =$

$380 - 230 =$

$740 - 220 =$

$470 - 230 =$

$800 + 140 =$

$420 - 180 =$

$430 - 190 =$

$440 - 140 =$

$640 - 150 =$

$480 - 280 =$

$680 - 240 =$

$910 - 650 =$

$540 - 260 =$

$280 + 990 =$

$450 - 210 =$

$210 + 390 =$

$310 + 590 =$

$360 - 120 =$

$680 - 460 =$

$350 - 190 =$

$560 + 560 =$

$570 + 150 =$

$860 - 240 =$

$220 + 660 =$

$210 + 640 =$

$140 + 670 =$

$970 - 190 =$

$900 - 230 =$

$640 - 270 =$

$400 + 560 =$

$880 - 380 =$

$1000 - 590 =$

$840 + 900 =$

$410 - 240 =$

$480 + 190 =$

$600 + 990 =$

$630 - 360 =$

$420 + 270 =$

$200 + 940 =$

$990 - 800 =$

$530 + 160 =$

$380 + 780 =$

$750 - 180 =$

$930 - 810 =$

$350 + 160 =$

$330 + 910 =$

$630 - 470 =$

$770 - 320 =$

完成时间: _____

三位数整百十加减•多品强化训练



$530 - 170 =$	$310 - 120 =$	$570 + 470 =$	$260 + 190 =$
$390 + 660 =$	$360 + 110 =$	$950 - 340 =$	$820 - 470 =$
$180 + 880 =$	$970 + 420 =$	$480 + 500 =$	$790 - 230 =$
$950 + 840 =$	$790 - 480 =$	$960 - 500 =$	$550 + 850 =$
$390 - 140 =$	$530 - 340 =$	$540 + 870 =$	$330 - 150 =$
$690 + 710 =$	$480 - 220 =$	$230 + 200 =$	$290 + 950 =$
$210 + 510 =$	$700 - 160 =$	$710 + 720 =$	$950 + 250 =$
$870 + 690 =$	$680 - 520 =$	$840 - 120 =$	$720 - 100 =$
$880 - 160 =$	$610 - 310 =$	$490 - 220 =$	$260 + 710 =$
$130 + 610 =$	$370 - 180 =$	$640 + 800 =$	$950 - 390 =$
$860 + 560 =$	$940 - 730 =$	$760 - 290 =$	$540 - 150 =$
$700 + 690 =$	$460 - 130 =$	$510 - 250 =$	$890 + 110 =$
$370 + 120 =$	$510 - 190 =$	$990 - 110 =$	$940 + 380 =$
$900 - 270 =$	$440 - 230 =$	$820 - 190 =$	$590 + 760 =$
$820 + 560 =$	$520 + 150 =$	$880 - 200 =$	$550 - 100 =$
$380 + 930 =$	$360 + 110 =$	$400 + 150 =$	$520 - 170 =$
$700 - 140 =$	$350 + 980 =$	$350 + 860 =$	$530 - 210 =$
$150 + 910 =$	$450 - 340 =$	$750 - 340 =$	$350 - 110 =$
$810 + 730 =$	$290 + 240 =$	$370 + 350 =$	$640 - 130 =$
$500 - 340 =$	$290 + 190 =$	$600 + 530 =$	$400 + 410 =$

完成时间：_____

三位数整百十加减•多品强化训练



$260 + 260 =$	$700 - 200 =$	$690 - 470 =$	$420 + 820 =$
$920 + 440 =$	$510 + 280 =$	$420 - 250 =$	$670 - 280 =$
$840 - 540 =$	$350 - 120 =$	$420 - 230 =$	$620 - 370 =$
$590 - 110 =$	$800 + 790 =$	$430 - 310 =$	$160 + 130 =$
$520 + 320 =$	$680 + 350 =$	$350 - 140 =$	$870 - 600 =$
$930 + 250 =$	$390 - 270 =$	$600 - 410 =$	$680 + 980 =$
$440 - 240 =$	$180 + 830 =$	$890 + 640 =$	$720 - 600 =$
$160 + 810 =$	$360 - 140 =$	$930 + 270 =$	$390 - 230 =$
$950 - 260 =$	$600 + 930 =$	$900 + 890 =$	$650 - 270 =$
$370 - 250 =$	$590 - 430 =$	$500 - 250 =$	$640 - 420 =$
$240 + 990 =$	$460 + 390 =$	$300 + 330 =$	$560 + 650 =$
$350 - 170 =$	$760 - 230 =$	$880 + 160 =$	$620 - 410 =$
$720 + 140 =$	$630 - 400 =$	$360 + 380 =$	$500 - 220 =$
$220 + 840 =$	$200 + 460 =$	$680 + 960 =$	$800 + 390 =$
$870 - 480 =$	$920 + 230 =$	$970 - 770 =$	$900 + 700 =$
$550 - 430 =$	$590 - 360 =$	$750 + 200 =$	$540 - 320 =$
$880 - 380 =$	$390 - 130 =$	$400 + 940 =$	$340 + 700 =$
$570 - 200 =$	$410 + 800 =$	$560 + 890 =$	$800 - 360 =$
$820 + 680 =$	$650 - 300 =$	$340 - 210 =$	$580 - 220 =$
$830 - 490 =$	$190 + 920 =$	$570 - 440 =$	$440 - 210 =$

完成时间：_____

三位数整百十加减•多品强化训练



$930 + 350 =$

$550 - 100 =$

$630 - 400 =$

$570 - 180 =$

$930 + 920 =$

$700 - 230 =$

$920 - 780 =$

$830 - 510 =$

$620 + 290 =$

$450 - 120 =$

$630 - 430 =$

$980 - 320 =$

$540 - 110 =$

$390 + 440 =$

$950 + 830 =$

$520 - 380 =$

$890 + 880 =$

$280 + 180 =$

$380 - 230 =$

$370 + 170 =$

$860 - 620 =$

$780 - 370 =$

$950 - 650 =$

$600 - 110 =$

$740 - 570 =$

$940 + 980 =$

$740 + 990 =$

$780 - 570 =$

$980 + 510 =$

$750 + 230 =$

$800 - 510 =$

$550 + 790 =$

$310 - 100 =$

$170 + 420 =$

$790 - 230 =$

$950 - 590 =$

$500 - 170 =$

$970 - 240 =$

$350 - 170 =$

$820 + 280 =$

$880 - 440 =$

$680 - 170 =$

$730 - 260 =$

$340 + 150 =$

$910 + 250 =$

$570 - 360 =$

$440 - 320 =$

$720 - 290 =$

$710 - 130 =$

$470 - 200 =$

$500 + 370 =$

$650 + 880 =$

$590 - 400 =$

$770 - 330 =$

$450 - 190 =$

$400 - 210 =$

$500 + 460 =$

$870 + 550 =$

$620 - 140 =$

$390 - 100 =$

$510 - 390 =$

$500 - 230 =$

$330 + 840 =$

$540 - 240 =$

$970 - 210 =$

$350 + 230 =$

$680 - 450 =$

$550 + 210 =$

$410 - 130 =$

$580 - 320 =$

$610 + 170 =$

$420 - 230 =$

$130 + 960 =$

$300 + 440 =$

$870 - 370 =$

$910 - 530 =$

$660 + 930 =$

$980 + 330 =$

$290 + 560 =$

$180 + 640 =$

完成时间: _____

三位数整百十加减•多品强化训练



$740 + 990 =$	$460 + 650 =$	$260 + 780 =$	$820 + 740 =$
$330 - 100 =$	$540 + 470 =$	$380 - 120 =$	$850 - 570 =$
$640 - 220 =$	$200 + 240 =$	$550 + 130 =$	$600 - 390 =$
$730 + 920 =$	$320 - 180 =$	$580 + 710 =$	$540 - 130 =$
$970 - 350 =$	$270 + 640 =$	$880 - 710 =$	$520 + 280 =$
$940 - 600 =$	$510 + 290 =$	$190 + 550 =$	$700 + 620 =$
$430 - 140 =$	$450 + 810 =$	$630 + 170 =$	$540 + 180 =$
$450 - 150 =$	$130 + 830 =$	$710 + 230 =$	$940 + 810 =$
$600 + 410 =$	$370 - 210 =$	$930 + 820 =$	$980 + 790 =$
$660 - 250 =$	$380 + 680 =$	$970 + 910 =$	$390 - 190 =$
$280 + 150 =$	$700 + 280 =$	$990 - 220 =$	$420 - 110 =$
$430 + 950 =$	$120 + 130 =$	$820 + 540 =$	$420 - 290 =$
$320 + 540 =$	$920 + 890 =$	$950 - 760 =$	$480 + 490 =$
$800 + 450 =$	$550 + 770 =$	$180 + 990 =$	$580 + 490 =$
$170 + 190 =$	$760 - 140 =$	$870 + 210 =$	$320 + 970 =$
$950 + 850 =$	$580 - 430 =$	$390 - 210 =$	$540 - 130 =$
$780 - 280 =$	$560 + 260 =$	$700 + 510 =$	$890 + 510 =$
$880 - 210 =$	$740 - 280 =$	$440 - 140 =$	$580 + 210 =$
$860 + 290 =$	$830 - 230 =$	$540 + 420 =$	$970 - 620 =$
$150 + 970 =$	$310 - 140 =$	$680 - 280 =$	$380 + 960 =$

完成时间：_____

三位数整百十加减•多品强化训练



$410 - 110 =$	$730 - 260 =$	$670 + 260 =$	$520 - 250 =$
$740 + 580 =$	$340 - 230 =$	$250 + 680 =$	$990 + 610 =$
$1000 - 190 =$	$760 - 380 =$	$620 - 510 =$	$530 - 250 =$
$560 - 250 =$	$880 + 880 =$	$930 - 610 =$	$440 + 350 =$
$620 - 440 =$	$850 - 280 =$	$620 - 350 =$	$440 - 330 =$
$540 + 390 =$	$720 - 350 =$	$490 + 720 =$	$530 - 330 =$
$280 + 710 =$	$230 + 810 =$	$330 - 120 =$	$870 + 390 =$
$950 - 580 =$	$700 - 300 =$	$360 + 850 =$	$350 - 190 =$
$460 + 170 =$	$790 + 980 =$	$740 + 570 =$	$530 - 320 =$
$360 - 100 =$	$680 + 530 =$	$590 - 130 =$	$610 + 220 =$
$590 - 390 =$	$520 + 590 =$	$460 - 150 =$	$640 + 730 =$
$640 + 800 =$	$620 - 240 =$	$830 - 630 =$	$160 + 770 =$
$700 - 350 =$	$310 - 150 =$	$920 + 570 =$	$410 - 230 =$
$570 + 830 =$	$110 + 520 =$	$660 - 170 =$	$890 - 320 =$
$780 - 110 =$	$750 + 700 =$	$120 + 160 =$	$380 - 170 =$
$740 - 500 =$	$720 + 370 =$	$210 + 980 =$	$220 + 680 =$
$430 + 180 =$	$950 - 700 =$	$310 - 190 =$	$470 + 610 =$
$330 + 250 =$	$480 - 240 =$	$870 + 240 =$	$380 - 140 =$
$730 + 940 =$	$790 - 190 =$	$720 - 420 =$	$470 + 410 =$
$720 + 850 =$	$830 - 230 =$	$480 - 290 =$	$880 - 660 =$

完成时间: _____

三位数整百十加减•多品强化训练



$520 + 170 =$

$220 + 290 =$

$970 - 820 =$

$250 + 670 =$

$120 + 390 =$

$480 - 370 =$

$930 + 260 =$

$520 + 640 =$

$940 - 450 =$

$170 + 910 =$

$320 + 660 =$

$890 - 100 =$

$840 - 400 =$

$530 - 290 =$

$570 + 360 =$

$110 + 920 =$

$340 + 620 =$

$130 + 570 =$

$860 - 100 =$

$960 - 500 =$

$750 + 460 =$

$860 - 190 =$

$660 + 980 =$

$300 + 770 =$

$610 - 230 =$

$350 + 390 =$

$470 - 260 =$

$420 - 240 =$

$380 - 190 =$

$670 - 240 =$

$900 - 620 =$

$160 + 320 =$

$600 + 710 =$

$1000 - 690 =$

$860 - 300 =$

$340 - 230 =$

$280 + 200 =$

$580 - 330 =$

$650 - 120 =$

$350 + 180 =$

$260 + 700 =$

$880 - 440 =$

$730 - 220 =$

$420 + 520 =$

$900 - 660 =$

$590 - 400 =$

$320 - 130 =$

$920 - 620 =$

$420 + 760 =$

$690 - 400 =$

$310 - 150 =$

$840 - 640 =$

$230 + 500 =$

$1000 - 800 =$

$950 + 360 =$

$420 - 260 =$

$400 - 100 =$

$920 + 790 =$

$560 + 450 =$

$490 + 490 =$

$630 - 460 =$

$440 + 810 =$

$610 + 990 =$

$340 + 220 =$

$550 - 420 =$

$850 - 330 =$

$500 + 250 =$

$580 - 260 =$

$680 - 500 =$

$410 - 280 =$

$390 + 350 =$

$750 - 190 =$

$820 + 240 =$

$540 + 810 =$

$790 - 300 =$

$840 - 370 =$

$680 - 550 =$

$600 - 270 =$

$290 + 910 =$

$500 - 200 =$

完成时间: _____

三位数整百十加减•多品强化训练



$930 - 500 =$	$670 - 110 =$	$320 - 150 =$	$350 - 240 =$
$990 + 310 =$	$390 - 140 =$	$470 + 490 =$	$980 - 820 =$
$360 + 620 =$	$320 - 130 =$	$620 + 370 =$	$640 - 310 =$
$870 - 120 =$	$370 + 160 =$	$450 + 560 =$	$600 - 230 =$
$970 + 580 =$	$300 + 490 =$	$950 - 190 =$	$440 - 310 =$
$400 + 310 =$	$240 + 460 =$	$330 + 980 =$	$550 + 660 =$
$400 - 290 =$	$410 - 100 =$	$640 - 360 =$	$520 - 260 =$
$910 - 490 =$	$810 - 330 =$	$980 - 320 =$	$460 + 380 =$
$370 - 190 =$	$810 + 380 =$	$430 - 320 =$	$470 - 140 =$
$280 + 370 =$	$510 - 360 =$	$510 + 420 =$	$560 - 420 =$
$420 + 720 =$	$340 + 450 =$	$930 - 520 =$	$620 + 120 =$
$370 + 890 =$	$430 - 110 =$	$430 + 710 =$	$300 + 850 =$
$380 - 140 =$	$910 + 790 =$	$890 - 720 =$	$520 - 320 =$
$710 + 870 =$	$820 - 680 =$	$350 - 150 =$	$990 + 940 =$
$380 - 230 =$	$340 + 130 =$	$640 + 830 =$	$610 + 310 =$
$780 + 590 =$	$790 - 120 =$	$450 + 570 =$	$690 - 560 =$
$750 - 110 =$	$940 - 340 =$	$430 - 270 =$	$520 - 180 =$
$440 - 190 =$	$590 + 260 =$	$730 - 280 =$	$700 + 850 =$
$410 - 180 =$	$900 - 630 =$	$910 - 200 =$	$820 + 850 =$
$620 + 200 =$	$750 - 250 =$	$310 + 790 =$	$300 + 110 =$

完成时间：_____

三位数整百十加减•多品强化训练



$760 + 390 =$	$820 - 390 =$	$320 - 190 =$	$910 - 640 =$
$650 + 650 =$	$950 - 500 =$	$810 - 330 =$	$650 - 300 =$
$410 - 100 =$	$320 + 510 =$	$490 - 330 =$	$330 + 250 =$
$850 - 350 =$	$180 + 550 =$	$950 + 500 =$	$520 - 260 =$
$790 + 890 =$	$320 + 740 =$	$170 + 580 =$	$200 + 950 =$
$860 - 370 =$	$640 - 480 =$	$980 - 380 =$	$560 - 450 =$
$330 - 100 =$	$820 + 290 =$	$170 + 900 =$	$440 + 760 =$
$750 + 840 =$	$550 + 600 =$	$930 - 590 =$	$940 - 780 =$
$900 - 130 =$	$850 - 360 =$	$790 + 880 =$	$880 - 710 =$
$300 + 930 =$	$170 + 550 =$	$500 - 280 =$	$390 - 230 =$
$420 + 180 =$	$440 - 240 =$	$130 + 780 =$	$500 - 290 =$
$530 + 600 =$	$660 - 310 =$	$840 - 500 =$	$970 + 640 =$
$340 - 200 =$	$550 - 230 =$	$320 - 190 =$	$560 + 670 =$
$480 - 350 =$	$610 + 530 =$	$470 + 570 =$	$720 + 940 =$
$900 - 480 =$	$820 - 590 =$	$940 + 370 =$	$640 - 300 =$
$310 + 920 =$	$550 - 280 =$	$390 - 230 =$	$790 - 670 =$
$480 + 860 =$	$650 - 230 =$	$970 + 420 =$	$420 - 150 =$
$690 + 580 =$	$860 - 440 =$	$400 - 260 =$	$650 - 540 =$
$260 + 970 =$	$860 - 400 =$	$390 - 260 =$	$370 + 280 =$
$510 - 150 =$	$520 + 240 =$	$660 + 860 =$	$810 - 690 =$

完成时间:_____

三位数整百十加减•多品强化训练



$710 + 790 =$

$640 - 330 =$

$450 - 150 =$

$110 + 930 =$

$460 - 130 =$

$200 + 130 =$

$330 + 330 =$

$450 + 450 =$

$560 - 400 =$

$270 + 980 =$

$190 + 270 =$

$350 - 200 =$

$650 + 570 =$

$910 - 750 =$

$910 + 920 =$

$150 + 400 =$

$670 - 460 =$

$270 + 540 =$

$610 - 430 =$

$710 - 210 =$

$530 + 990 =$

$470 - 230 =$

$830 + 110 =$

$900 - 770 =$

$940 + 940 =$

$720 - 590 =$

$890 - 120 =$

$700 + 420 =$

$320 + 980 =$

$420 - 250 =$

$860 - 700 =$

$370 + 600 =$

$910 - 340 =$

$170 + 540 =$

$750 + 250 =$

$610 - 350 =$

$340 - 140 =$

$930 + 480 =$

$950 + 440 =$

$640 - 310 =$

$690 + 190 =$

$460 - 240 =$

$740 - 530 =$

$280 + 230 =$

$530 - 130 =$

$860 - 510 =$

$630 - 510 =$

$590 + 490 =$

$200 + 400 =$

$930 + 130 =$

$470 + 760 =$

$700 + 700 =$

$450 - 210 =$

$110 + 600 =$

$170 + 780 =$

$620 - 260 =$

$660 + 310 =$

$260 + 350 =$

$720 - 580 =$

$850 + 550 =$

$930 - 580 =$

$610 + 540 =$

$650 + 670 =$

$950 + 300 =$

$320 + 490 =$

$970 - 190 =$

$550 + 520 =$

$400 - 250 =$

$520 - 400 =$

$220 + 400 =$

$720 + 540 =$

$360 + 330 =$

$200 + 750 =$

$520 + 840 =$

$900 - 200 =$

$310 - 120 =$

$520 + 770 =$

$360 - 100 =$

$530 + 400 =$

$490 + 430 =$

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